# ESSENCE OF SRI LANKA 1.1 05 NIGHT / 06 DAYS TOUR



"Assuring you an ultimate travel experience



# **MAC Travels Private Limited**

(Subsidiary of MAC Holdings Private Limited)

"The Wavertree"

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# Health and Safety Measures

All our guides and chauffeures are carrying a certified certificate by the health authorities (PCR negative).







Half number of persons will be allocated in vehicles to maintain social distacing. Greet/Welcome guests traditional style Ayubowan to minimize physical contact and maintain social distancing.

Online Check-in

Provide clients with safaety packs





in Sri Lanka Tourist Board certified hotels. ( which follows health & safety measures )

Guests will be accomdated

Limited visits / attractions per day



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FB packages will be encouraged to avoid unhygienic eateries

# DAY 01 | AIRPORT / NEGOMBO



Ayubowan!

Welcome to Sri Lanka !

You will met by a representative of MAC Travels and will be transferred to a hotel in Negombo.

Overnight stay at a hotel in Negombo

#### DAY 02 | NEGOMBO / ANURADAPURAYA

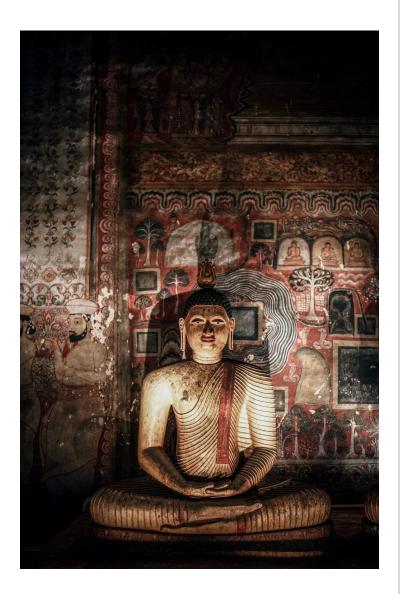
After early Breakfast leave for Anuradapuraya. After Lunch proceed to visit Anuradapuraya ancient ruins and Sri Maha Bhodi Tree.

Anuradhapura was first settled by Anuradha, a follower of Prince Vijaya the founder of the Sinhala race. Later it was made the capital by King Pandukabhaya at about 380 B.C.According to the Mahavansa, the epic of Sinhala History, King Pandukabhaya's city was a model of planning. Precincts were set aside for huntsmen, for scavengers and for heretics as well as for foreigners. There were hostels and hospitals, at least one Jain chapel, and cemeteries for high and low castes. A water supply was assured by the construction of tanks, artificial reservoirs, of which the one named after the king itself exists to this day under the altered name of Baswakkulam.

Dinner and Overnight stay at a hotel in Anuradapuraya



# DAY 03 | ANURADAPURAYA / MIHINTALE / DAMBULLA



After early Breakfast proceed to visit and climb Mihntale. Later afternoon time reach Dambulla .

Mihintale is only 12 KM away from the famous Anuradhapura city. The sacred forest mountain Missaka Pabbatha where King Devanampiya Tissa met Arhat Mahinda Thera and his companions is situated in Mihintale. Prior to that the Lord Gautama Buddha had visited this place on his Third visit which was called as Missaka Pabbatha then. Being one of the sixteen places (Solosmasthana) the Lord Buddha had visited in Sri Lanka, this is regarded as one of the most important sacred places by the Buddhists in Sri Lanka.

After Lunch proceed to visit Dambulla cave temple.

The beautiful Royal Rock Temple complex sits about 160m above the road in the southern part of Dambulla. Five separate caves contain about 150 absolutely stunning Buddha statues and paintings, some of Sri Lanka's most important and evocative religious art. Buddha images were first created here over 2000 years ago, and over the centuries subsequent kings added to and embellished the cave art.From the caves there are superb views over the surrounding countryside; Sigiriya is clearly visible some 20km distant.

Dinner and Overnight stay at a hotel in Dambulla

### DAY 04 | DAMBULLA / POLONNARUWA / KANDY

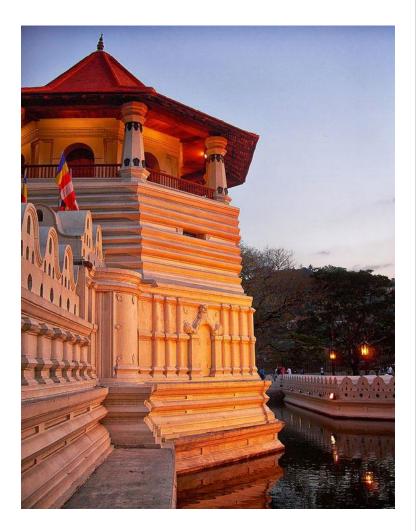
After early Breakfast proceed to visit medieval capital of Polonnaruwa. Later after lunch drive to Kandy and rest at the hotel.

The Polonnaruwa Vatadage is an ancient structure dating back to the Polonnaruwa period of Sri Lanka. It is believed to have been built during the reign of Parakramabahu I to hold the tooth relic of the Buddha, or during the reign of Nissanka- Malla to hold the alms bowl used by the Buddha. Both these venerated relics would have given the structure a great significance and importance at the time. Located within the ancient city of Polonnaruwa, it is the best preserved example of a vatadage in the country, and has been described as the "ultimate development" of this type of architecture. Abandoned for several centuries, excavation work at the Polonnaruwa Vatadage began in 1903.

Dinner and Overnight stay at a hotel in Kandy



## DAY 05 | KANDY / NUWARA ELIYA



After Breakfast proceed to visit Kandy Tooth temple and then leave for Nuwara Eliya en route visiting tea plantation and a tea tea factory.

Optional - meditation program inside the Tooth temple.

The Kingdom of Kandy was an independent monarchy of the island of Sri Lanka, located in the central and eastern part of the island. It was founded in late 15th century and endured until the early 19th century. Presently, it is the second largest city in the country after Colombo. It was the last capital of the ancient kings' era of Sri Lanka.

The "Sri Dalada Maligawa" or "The Temple of the Tooth" is one of Sri Lanka's greatest attractions situated in this city. The Sacred Tooth Relic (Dālada) of the Buddha is the most venerated object of worship for Buddhists. The 'Esala Perahera' in Kandy is celebrated to honor the Sacred Tooth Relic and its four 'guardian' Gods. This ritual is performed by carrying the sacred tooth relic of the Buddha through the streets of the Kandy city and is conducted with exceptional panache. The Kandy Esala Perahera lasts for ten days while various festivities can be witnessed right throughout this season. The Sinhalese term 'perahera' means a parade of musicians, dancers, singers, acrobats and various other performers accompanied by a large number of caparisoned Tuskers and Elephants parading the streets in celebration of a religious event.

Dinner and Overnight stay at a hotel in Nuwara Eliya

# DAY 06 | NUWARA ELIYA / AIRPORT

After Breakfast leave for the Airport.

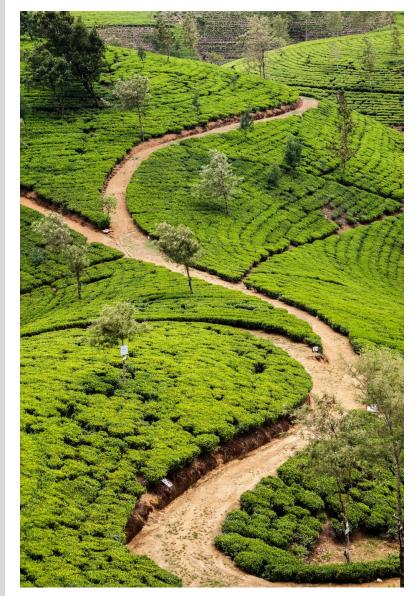
Optional - proceed for a mini city tour in Nuwara Eliya and you are free to walk around Gregory Lake area.

Nuwara Eliya is a beautiful little city situated in the mountainous plains of the Central Province. Historically it was known by the colonialists as 'Little England' because of its very British 'look and feel.' This famous upcountry town is situated 1868 meters (6128 feet) above sea level and due to this high altitude maintains a sub-tropical highland climate. Sri Lanka's highest mountain 'Pidurutalagala' with a height of 2,527 m (8,292 ft) is very close to this town and can be seen prominently on a clear day. However, Pidurutalagala is now cordoned off as a high security zone since the summit is made used for state communication and TV transmission towers.

Another great attraction in close proximity to Nuwara Eliya is Horton Plains, situated to the south of Nuwara Eliya. This plain is a unique ecological zone of wet patana grassland with a cloud forest and is home to unique and endemic wildlife. The Nuwara Eliya District is famous for producing the best Ceylon Tea in the world as the cool and moist climate are great factors for tea leaves to thrive on. Famous waterfalls such as Devon and St.Clair falls are situated close to Nuwara Eliya and the famous Lake Gregory in the heart of the city is a much sought after tourist attraction

Optional – Cattle releasing program in Colombo.

After the Dinner you will be transfired to the Airport in time to catch the flight which leaves at ... Hrs.



#### ---End of the tour---